**SPINACH SALAD**

**Salad Ingredients:**

½ head Green leaf lettuce

½ bunch Spinach

½ c. Cottage cheese

½ c. Swiss cheese, grated

¼ lb. Bacon, cooked and crumbled

½ small Red onion, chopped

¼ c. mushrooms, sliced

**Dressing Ingredients:**

3 Tbsp. Vinegar

2 Tbsp. Oil

¼ c. Sugar

¼ tsp. Salt

½ tsp. Onion powder

¼ tsp. Dry mustard

1-2 tsp. Balsamic vinegar

**Directions:**

1. Wash and drain lettuce and spinach leaves. Dry thoroughly and set aside. Tear lettuce into large pieces.
2. Drain and rinse the cottage cheese in a strainer with water.
3. Combine and all of the salad ingredients together in a large bowl.
4. Combine all of the dressing ingredients together in a small metal bowl.
5. Toss dressing with salad and serve.

Makes 6-8 servings