**ROADBLOCKS TO DEVELOPMENT**

**STUDY GUIDE**

**Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Period:\_\_\_\_\_\_\_**

1. Under normal conditions, most teens:
	1. Get through the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ on schedule.
	2. Develop into *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*, mature adults.
2. Just as \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_ can be interrupted by *\_\_\_\_\_\_\_\_\_\_\_\_* or lack of nutrients, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_ can be interrupted by *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
3. Roadblocks for Teens:
	1. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
		1. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* of a parent
		2. Divorce of *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
		3. Death of a sibling or close *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
		4. Severe *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
	2. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
		1. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
		2. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_* and/or *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
		3. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
	3. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
	4. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
	5. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
		1. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
		2. Excelling in *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
		3. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*Appearance
4. When these challenges occur in a teen’s life, all *\_\_\_\_\_\_\_\_\_\_\_* are *\_\_\_\_\_\_\_\_\_\_\_\_\_\_* on the *\_\_\_\_\_\_\_\_\_\_\_*and not on the *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* \_\_\_\_\_\_\_\_\_\_\_.
	1. For example:
		1. If a teen must cope with a traumatic event such as a death in the family, all of their energies are used in trying to understand and deal with that loss.
5. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* from these roadblocks may take quite a *\_\_\_\_\_\_\_\_\_\_* time.
6. When the initial *\_\_\_\_\_\_\_\_\_\_\_*begins to *\_\_\_\_\_\_\_\_\_\_\_\_\_* and life begins to move *\_\_\_\_\_\_\_\_\_\_\_\_\_\_*, then the teen can return to *\_\_\_\_\_\_\_\_\_\_\_\_* activities that allow for normal *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
	1. Examples:
		1. Going back to school, seeing friends socially, playing on sports teams, etc.