**PHYSICAL DEVELOPMENT OF A PRESCHOOLER**

**Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Class Period:\_\_\_\_\_**

1. **Physical Characteristics**
	1. Physical growth *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* greatly.
	2. Size varies due to individual *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
	3. Bodies have become *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
	4. Protruding stomach from babyhood *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.*
	5. *\_\_\_\_\_\_\_\_\_\_\_*becomes *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
	6. Legs *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* and grow *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*and firmer.
2. **Physical Skills**
	1. Very *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
	2. Skills are practiced by participating in the action *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
	3. There begins to be a *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* of gross and fine motor skills.
3. **Gross Motor Skills**
	1. Define: *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* your body makes with their arms, legs, feet, or entire body.
	2. Examples: Running, *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* and throwing
4. **4 Year Old Gross Motor Skills**
	1. Stand on *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
	2. Throwing and *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
	3. Hopping on *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
	4. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* walking up and down the stairs
	5. Walking *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
5. **5 Year Old Gross Motor Skills**
	1. Improved *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
	2. Turning *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
	3. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
	4. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*on one foot
6. **Fine Motor Skills**
	1. Define: *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* your body makes with fingers, toes, wrists, lips, and tongue.
	2. More refined *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* (ability to use your hands and fingers)
	3. Better *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
	4. Examples: Cutting, *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*, painting
7. **4 Year Old Fine Motor Skills**
	1. Put on and *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* their own coats
	2. Cut with *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
	3. Complete *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
	4. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* of the alphabet
8. **5 Year Old Fine Motor Skills**
	1. *\_\_\_\_\_\_\_\_* their own *\_\_\_\_\_\_\_\_\_\_\_\_\_*
	2. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* with a head, body, arms and legs
	3. Stay *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
	4. Using a *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* to eat
	5. Definite *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* for being right or left-handed
9. **Role of Play**
	1. Play is a *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
	2. It is how they *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* around them and all the areas of development.
	3. Continues with solitary, *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* and parallel play.
	4. But now because of their *\_\_\_\_\_\_\_\_\_\_\_\_\_\_*, help, and do things another person’s way, it allows them to engage in *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
10. **Cooperative Play**
	1. Define: Children play and *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
	2. Examples:
		1. Building a *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* together
		2. Playing *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
		3. Acting out a *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*