**NEEDS OF A NEWBORN STUDY GUIDE**

**Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Period:\_\_\_\_\_\_**

**Apgar Test**

1. The Apgar test is done at *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* and then again *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*after delivery.
2. They test for the newborn’s *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* to and thrive in life *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.*
3. The medical team observes the newborns *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*, breathing, *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*, response to stimulation and *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
4. Each of the five areas is rated on a score of *\_\_\_\_\_\_\_\_\_\_\_\_\_*.
5. *Ten* is a perfect score, but normal range is *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
6. A lower Apgar score signifies that the baby may need some *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*

**Feeding Options**

1. After birth, babies usually experience a *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
2. Neonates are *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
3. *\_\_\_\_\_\_\_\_\_\_\_\_\_*-feeding vs. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*-feeding
4. Both have their *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* to identify and consider.

**Nurturing and Bonding**

1. Bonding: Forming an *\_\_\_\_\_\_\_\_\_\_\_\_* between the *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
2. When bonding begins to occur, the infant will begin to *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
3. Erickson’s stage of *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
4. Bonding occurs by:
   1. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*lovingly at your baby
   2. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* your baby lovingly
   3. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* to your baby with an animated face and voice
   4. Being *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* of the baby and *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*to baby’s needs.
5. If there are no delivery or newborn complications, routine medical procedures may be delayed to allow for the *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
6. That is done by laying the baby on the *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* to hear the familiar heartbeat and feel the *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
7. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*, and looking into the child’s eyes will also build a bond with the baby.
8. These simple interactions *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* in the brain which *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.*
9. Infants *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* of loving contact and bonding may suffer *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.*

**Newborn Reflexes**

1. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
   1. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* for the newborn
   2. A way for the physician to *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* of the baby’s *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
2. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
   1. When the baby’s *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*, the baby will *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* the side of his/her face that was stroked.
3. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
   1. Stimulated when something is put in the *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
   2. This reflex allows the newborn to *\_\_\_\_\_\_\_\_\_\_\_* from the mother’s breast or bottle *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
4. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
   1. Stimulated when there is *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* such as when the *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* and then suddenly released
   2. It causes the baby to *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* and arms out with clenched fists.
5. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
   1. When the sole of the foot is stroked from *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
   2. The toes will *\_\_\_\_\_\_\_\_\_\_\_\_\_*.
6. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
   1. When an item is placed in the *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
   2. The baby’s fingers will *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
7. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
   1. The baby takes on a *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* where one arm is pulled back and the other arm extends forwards.
8. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
   1. When the baby’s feet touch a *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
   2. They will make *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.