**KNIFE SKILLS STUDY GUIDE**

**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Period:\_\_\_\_\_\_**

**Cutting Boards**

1. A cutting board is used to *\_\_\_\_\_\_\_\_\_\_\_* to prevent damage to the *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* and to prevent *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.

**Wooden Cutting Boards**

1. Keep *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* longer
2. Are porous and *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* more easily

**Plastic Cutting Boards**

1. Can *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
2. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* because it’s easier to sanitize
3. Available in *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
4. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* is designed for use with a *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
5. Adopting a *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* reduces cross contamination.

**Stabilizing Cutting Boards**

1. Place a *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* the cutting board.

**Sanitizing Wooden Cutting Boards**

1. Scrubbing in *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
2. Use a *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* solution
3. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_* put in the *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
4. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* in water

**Sanitizing Plastic Cutting Boards**

1. Scrubbing in *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
2. Use a *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* solution
3. Wash in the *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*

**Use of Cutting Boards**

1. It is advised to *\_\_\_\_\_\_\_\_\_\_\_\_\_* on a separate cutting board from *\_\_\_\_\_\_\_\_*, \_\_\_\_\_\_\_vegetables or ready to eat foods to prevent *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.

**Chef’s Knife**

1. Among the most *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
2. Used for daily *\_\_\_\_\_\_\_\_\_\_\_\_\_\_*, slicing, *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* and mincing.

**Paring Knife**

1. This indispensable knife is handy for *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
2. *\_\_\_\_\_\_\_\_\_\_\_\_*, peeling, *\_\_\_\_\_\_\_\_\_\_* and slicing small fruits and vegetables.

**Serrated Knife**

1. A serrated bread knife *\_\_\_\_\_\_\_\_*, fresh loaves without *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
2. It’s also great for cutting *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.

**Care of Knives**

1. Should not be washed in the *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* or placed in the *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.*
2. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* immediately after the knife enters the dishwater with *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
3. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*

**Storage of Knives**

1. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
2. Cover each blade with a *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
3. Knives should not be stored *\_\_\_\_\_\_\_\_\_\_\_\_\_\_* with other knives or utensils.
4. The knives will *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* and the blade will *\_\_\_\_\_\_\_\_\_\_\_\_\_*.

**Batonnet Knife Cut**

1. French word for *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
2. Size: *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*

**Julienne Knife Cut**

1. Size: *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*

**Brunoise Knife Cut**

1. Begin with *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
2. Size: *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*

**Small Dice Cut**

1. Size: *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*

**Medium Dice Cut**

1. Size: *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*

**Large Dice Cut**

1. Size: *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*

**Diagonal Knife Cut**

1. Cut on a *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*

**Chiffonade Knife Cut**

1. Cutting *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* into long, thin strips.
2. *\_\_\_\_\_\_\_\_\_\_\_\_\_*leaves, *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* then slicing the leaves *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* to the roll
3. Size: *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*