**CALZONE FOOD LABEL ASSIGNMENT**

**Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Class Period:\_\_\_\_\_\_\_**

**FOOD LABEL**

Nutrition Facts

Serving Size \_\_\_\_\_\_\_\_

Servings Per Package \_\_\_\_\_\_\_

Amount Per Serving

Calories \_\_\_\_\_ Calories from Fat \_\_\_\_\_

|  |
| --- |
| % Daily Value |
| Total Fat \_\_\_\_\_g \_\_\_\_\_% |
| Saturated Fat \_\_\_\_\_g \_\_\_\_\_% |
| Cholesterol \_\_\_\_\_mg \_\_\_\_\_% |
| Sodium \_\_\_\_\_mg \_\_\_\_\_% |
| Total Carbohydrate \_\_\_\_\_g \_\_\_\_\_% |
| Dietary Fiber \_\_\_\_\_g \_\_\_\_\_% |
| Sugars \_\_\_\_\_g |
| Protein \_\_\_\_\_g |

Vitamin A \_\_\_\_\_% Vitamin C \_\_\_\_\_%

Calcium \_\_\_\_\_% Iron \_\_\_\_\_%

**PACKAGING**