**PHYSICAL DEVELOPMENT OF A PRESCHOOLER**

**Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Class Period:\_\_\_\_\_**

1. **Physical Characteristics** 
   1. Physical growth *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* greatly.
   2. Size varies due to individual *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
   3. Bodies have become *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
   4. Protruding stomach from babyhood *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.*
   5. *\_\_\_\_\_\_\_\_\_\_\_*becomes *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
   6. Legs *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* and grow *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*and firmer.
2. **Physical Skills** 
   1. Very *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
   2. Skills are practiced by participating in the action *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
   3. There begins to be a *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* of gross and fine motor skills.
3. **Gross Motor Skills** 
   1. Define: *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* your body makes with their arms, legs, feet, or entire body.
   2. Examples: Running, *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* and throwing
4. **4 Year Old Gross Motor Skills** 
   1. Stand on *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
   2. Throwing and *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
   3. Hopping on *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
   4. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* walking up and down the stairs
   5. Walking *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
5. **5 Year Old Gross Motor Skills** 
   1. Improved *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
   2. Turning *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
   3. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
   4. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*on one foot
6. **Fine Motor Skills** 
   1. Define: *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* your body makes with fingers, toes, wrists, lips, and tongue.
   2. More refined *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* (ability to use your hands and fingers)
   3. Better *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
   4. Examples: Cutting, *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*, painting
7. **4 Year Old Fine Motor Skills** 
   1. Put on and *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* their own coats
   2. Cut with *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
   3. Complete *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
   4. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* of the alphabet
8. **5 Year Old Fine Motor Skills** 
   1. *\_\_\_\_\_\_\_\_* their own *\_\_\_\_\_\_\_\_\_\_\_\_\_*
   2. *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* with a head, body, arms and legs
   3. Stay *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
   4. Using a *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* to eat
   5. Definite *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* for being right or left-handed
9. **Role of Play** 
   1. Play is a *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
   2. It is how they *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* around them and all the areas of development.
   3. Continues with solitary, *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* and parallel play.
   4. But now because of their *\_\_\_\_\_\_\_\_\_\_\_\_\_\_*, help, and do things another person’s way, it allows them to engage in *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.
10. **Cooperative Play** 
    1. Define: Children play and *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
    2. Examples:
       1. Building a *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* together
       2. Playing *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*
       3. Acting out a *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*