**EXTRA CREDIT PROJECTS**

**Directions:** You may choose any ONE project to complete. You are allowed one project per term. Choose wisely. Each project contains different point values. These must be turned in before the last due date of the term.

**\*\*5 POINT PROJECTS\*\***

**Picture of a meal from another country**

You can find pictures in magazines, the internet, old menus, flyers, etc. Find a picture and complete the following questions on a separate sheet of paper, typed and with complete sentences. You must include the picture.

* Where did you find your picture?
* Where is the food from?
* What is the food called and what are the main ingredients?
* Would you try this meal? Why or why not?
* Turn in completed project for 5 points

**Redesign the cover of a recipe book**

Choose a cookbook of your choice. Redesign the cover for it. Your project must include the following things:

* Copy of the original cover
* New cover in color (black or what if that is your design)
* Can be hand work or computer generated
* Name of the cookbook and publisher
* Turn in completed project for 5 points.

**Table setting**

For this project, you must complete a formal table setting. You must include dishes for a main dish, a side dish, salad, soup, dessert, 3 drinks, bread plate, napkin and flatware for all courses. You must label all parts of your table setting. You may choose to email me a picture or bring in a picture of your completed table setting. You only need to do ONE place setting. Turn in completed project for 5 points.

**\*\*10 POINT PROJECTS\*\***

**Write a love poem to your favorite food item**

For this project, you must create a poem dedicated to the food you love the most. The poem must express your love for this food in a MINIMUM of 10 lines, but not more than 15 lines. You will be graded on the following:

* Creativity
* Completion of all lines
* Spelling and grammar
* Expression of the love for food itself
* Typed

Turn in completed project for 10 points.

**Make a collage of your favorite food items from MyPlate**

Gather pictures of food you enjoy eating (minimum of 20 pictures).

Create a plate and place each food in the appropriate area.

Then answer the following questions about the foods you chose on a separate sheet of paper and with complete sentences. It must be typed! For additional resources, you may visit: [www.choosemyplate.gov](http://www.choosemyplate.gov).

* How often do you eat these items?
* From which area are most of your food choices coming from?
* What do you enjoy most about eating these foods? Taste? Texture? The occasion you eat them?

Turn in completed project for 10 points.

**Create a Four Ingredient Recipe**

Some of the best recipes are made with very few ingredients. Using only 4 ingredients create something divine! Make your recipe at home. Write down the entire recipe from ingredients to directions and equipment. The complete the following sentences about it on a separate sheet of paper. Include an actual picture of your new food product. Make sure everything is typed!

* My inspiration for this recipe came from:
* I enjoyed this recipe because:
* Other things that may make this recipe taste even better are:

Turn in completed project for 10 points.

**\*\*25 POINT PROJECTS\*\***

**Cook for your family or a minimum of 5 people, including yourself**

Choose a family favorite recipe. Supply a grocery list for your parent. Make the meal and clean up! Complete the following questions and email or attach a hard copy picture of the meal. The questions must be typed and use quality writing skills.

* Explain why you chose this recipe.
* Describe your experience in making this meal. How hard was it? How was it easy? How much did your family help you? Share the details!
* Tell me how the food turned out.
* Would you be willing to do this again for your family? Why or why not?

Turn in completed project for 25 points.

**Watch Three Food Network Programs and Evaluate**

For this project you must watch three DIFFERENT programs on the food network. It doesn’t matter which programs you choose to watch, but you can’t watch the same program at three different time slots. After watching each program, answer the following questions for each show. Please remember to use complete sentences. Your work must be typed and grammatically correct.

* What show did you watch? What time was it on? Why did you choose to watch this program?
* Give a summary of what the show was about today. You must supply specific details about the show. The summary should be 6-8 sentences in length.
* Explain something new you learned from watching the show.

Turn in completed project for 25 points.